

**Your Guide to Long-Term
Denture Stabilization**

Laugh, talk, live

with comfort and confidence



A Patient's Guide

to long-term denture stabilization

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The effects of a loose denture

90% of denture wearers report problems caused by loose dentures.*

“ I’m afraid to yawn because my denture slips, and it’s so embarrassing.”**

“ I’m so self-conscious about eating or even drinking coffee with friends.”**

“ I avoid my favorite foods. I can’t recall the last time I bit into an apple, or enjoyed a steak.”**

“ I’m so self-conscious about laughing or talking in public. And singing in church is out of the question, even though I do love to sing.”**



*Dr. Gordon Christensen, Lecture for 3M ESPE, 2007.

**Patients Guide to Denture Stabilization. SREN 86UKSE, 06/28/10.

What is “bone loss”?

Progression of jawbone loss



Healthy Mandible
(lower jawbone)



Mandible Shortly
After Extraction
(removal of natural teeth)



Eventual Bone Loss
(resorption)

Bone loss not only causes loose dentures ...
it causes a change in your appearance.



Facial appearance:
healthy mandible



Appearance after
loss of teeth



Appearance after
loss of teeth
and bone

Denture stabilization options



No Treatment



Denture Creams, Gels, etc.
(e.g., Poligrip®)



Denture Reline



Mini Dental Implants

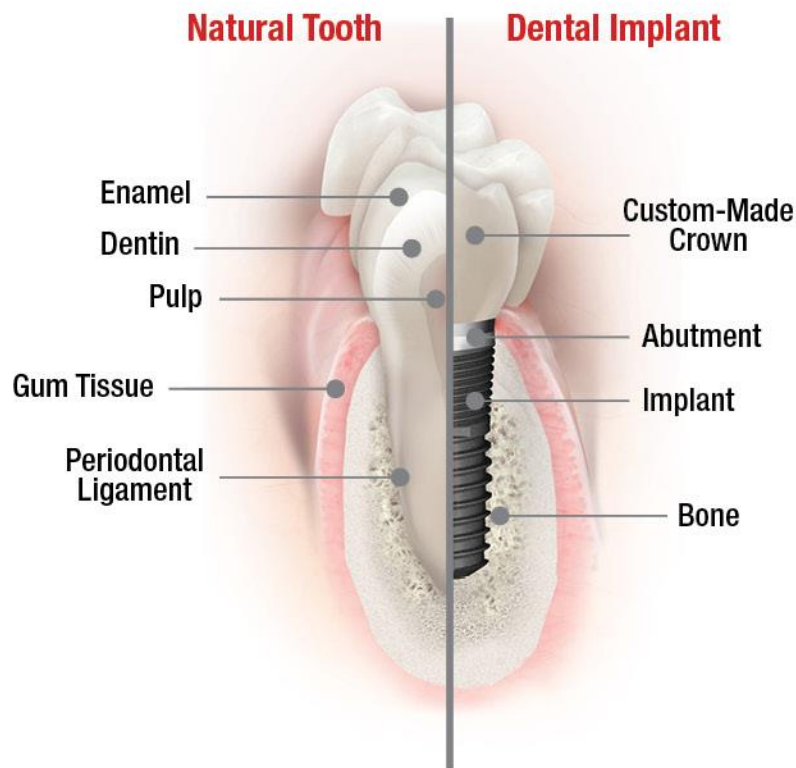


Full-Size Dental Implants

Your dentist can help determine what's best for you.

Dental Implants: What are they?

An **artificial root** to anchor a tooth or dental device in the jawbone



There are several types of implants.

Surgical procedures and healing times vary depending on the specific implant.

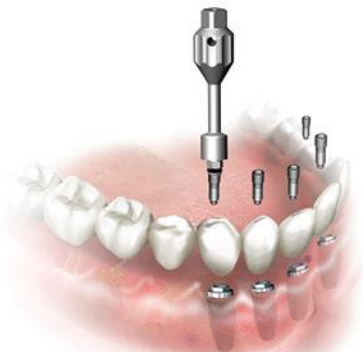
Dental Implants: Know the difference

Full-Size vs. Mini



Full-Size Implants:

What are they?



Fixed Implant Bridge



Removable Implant Denture

Advantages

- Long-term
- Restores chewing function after healing
- Helps prevent bone loss*

Disadvantages

- Expensive
- Requires an incision in gums
- 2-6 month healing time
- Multiple office visits
- May need bone grafting

*May help retain bone levels if other conditions do not exist, i. e., periodontal disease, diabetes, tobacco use.

Mini Dental Implants:

Why are they becoming so popular?



Denture is Removable

Advantages

- Long-term denture stabilization
- Can often be placed in a **2-hour appointment***
- Typically does not require an incision of gums
- Restores chewing function
- Can be placed in minimal amount of bone
- Cost-effective
- Helps prevent bone loss**

Disadvantages

- Not “upgradable” vs. changing abutments on full-size implants

*For ideal cases.

**May help retain bone levels if other conditions do not exist, i. e., periodontal disease, diabetes, tobacco use.

Comparison

Mini Dental Implants vs. Full-Size Implants

	Jawbone Width & Height Req'd	Total Time to Complete	Price
Mini Dental Implants	Minimal	(<) 1 Day	\$2,800 - \$5,000*
Full-Size Implants	More	3-6 Months	\$12,000 - \$30,000*

*Based on a mandibular denture case. Price will vary by type of case and location.

MDI Mini Dental Implants:

Imagine this ...

- ✓ Visit your dentist in the morning, and have MDI mini dental implants placed, most often in less than 2 hours.
- ✓ Your denture feels secure and is held firmly in place.
- ✓ Then go out for lunch.* Eat comfortably in public and enjoy your favorite foods. Have a pleasant conversation, laugh and talk with confidence.

All of this at an extremely affordable price ... with an easy, one-appointment schedule that won't disrupt your life.



Are you a candidate?

A simple exam by your dentist will help determine the answer.
Your dentist will need:

- ✓ Mental and physical health history
- ✓ Medical conditions
- ✓ Medications
- ✓ Expectations
- ✓ Dental impressions or casts of your denture or mouth
- ✓ X-ray or CT scan



Frequently Asked Questions

Q Is the MDI Mini Dental Implant placement painful?

A No, MDI mini dental implants are placed with local anesthetic.

Q Will I have pain after MDI implant placement?

A You should feel little discomfort, if any, after placement. Unlike full-size implants, MDI implants are usually placed without making an incision on the gum. Over-the-counter pain relievers are usually adequate.

Q How long does the procedure take?

A MDI implants can be placed and your denture fitted for attachments in about 1 ½-2 hours. Unlike full-size implants, you do not have to wait 3-6 months until implant sites are healed to restore your denture. However, keep in mind each patient is different and treatment plans may vary.

Frequently Asked Questions (cont.)

Q How long will MDI Mini Dental Implants last?

A MDI implants can last as long as full-size implants if cared for properly. Regular visits to your dentist are recommended for long-term success.

Q What happens if an MDI implant fails?

A Your dentist may choose to place another MDI implant in another site.

Q Are MDI mini dental implants covered by my insurance?

A As with most elective dental procedures, insurance coverage varies widely from one insurance company to the next. If your insurance does not cover dental implants, it's good to know MDI mini dental implants are a fraction of the cost of conventional implants—and there are payment plan options available. Ask your dentist.